

TECHNICAL REGULATIONS FOR COMBINED EVENTS BALTIC COUNTRIES INDOOR TEAM CHAMPIONSHIPS

Made on the 26th of October 2018, Lausanne

Event: Combined Events Baltic Countries Indoor Team Championships

Organiser: Lithuanian athletics federation

Venue: Šiauliai track&field arena, S. Daukantas str. 25 , Šiauliai, LTU

Date: 08-09 March 2019

Participants: Boys and Girls; Men and Women.
4 athletes per team per event

Age : Youth U18 boys and girls (born in 2002-2003)
Juniors U20 (born in 2000-2001)

Scoring: Total scoring of 3 best results in every age group. Seperate scoring for U18 and U20 age groups.

Implements :

	U20		U18	
	Men	Women	Boys	Girls
Shot	6 kg	4 kg	5 kg	3 kg

Hurdles :

	U20		U18	
	Men	Women	Boys	Girls
Number of hurdles	5	5	5	5
Height of hurdles	99,1 cm	83,8 cm	91,4 cm	76,2 cm
Distance from start line to the first hurdle	13,72 m	13,00 m	13,72 m	13,00 m
Distance between hurdles	9,14 m	8,50 m	9,14 m	8,50 m

Rules : Competition shall be arranged entirely according to the IAAF's Competition Rules and according to the Technical Regulations for Baltic Countries Team Championships in athletics

Financial conditions

Travel - Each Federation on their own costs
Board and lodging - Each Federation on their own costs

ESTONIA

LATVIA

LITHUANIA



Eesti Kergejõustikuliit



