

Seitsmevõistlus (3; 76,2/8,25; 500)

| | | | | | | | | | |
|-------|--------------------------|-------------------------|-------|-------|---------|----------|------|-------|---------|
| 5431 | Margit Kalk | 16.06.99 Tartu SS Kalev | 1 | ta | Rakvere | 06.08.16 | | | |
| 14,45 | +1,9 | 1.59 | 13.24 | 25,42 | +1,8 | 5.72 | +1,8 | 46.09 | 2.33,55 |
| 4898 | Lishanna Ilves | 29.05.00 KJK Vike | 2 | ta | Rakvere | 06.08.16 | | | |
| 14,50 | +1,9 | 1.62 | 10.84 | 25,80 | +1,8 | 5.64 | +1,1 | 31.62 | 2.39,20 |
| 4733 | Johanna Ilves | 05.01.99 KJK Vike | 3 | ta | Rakvere | 06.08.16 | | | |
| 14,22 | +1,9 | 1.50 | 11.57 | 26,06 | +1,8 | 5.53 | +1,8 | 31.29 | 2.43,83 |
| 4593 | Leanne Siimumäe | 25.04.00 KJK Kose 2000 | 4 | ta | Rakvere | 06.08.16 | | | |
| 15,76 | +1,0 | 1.68 | 13.36 | 28,85 | +1,6 | 5.20 | +1,0 | 38.84 | 2.51,86 |
| 4361 | Zarina Netšiporuk | 31.03.99 Audentese SK | 5 | ta | Rakvere | 06.08.16 | | | |
| 15,85 | +1,0 | 1.47 | 10.88 | 27,76 | +1,6 | 5.32 | +0,4 | 33.38 | 2.36,50 |
| 4337 | Katre Sofia Palm | 30.05.00 Saue KJK | 6 | ta | Rakvere | 06.08.16 | | | |
| 15,20 | +1,9 | 1.71 | 10.03 | 26,81 | +1,8 | 5.27 | +1,2 | 20.27 | 2.49,54 |
| 4221 | Airiin Liisbet Strandson | 17.06.99 SK Altius | 7 | ta | Rakvere | 06.08.16 | | | |
| 15,69 | +1,0 | 1.56 | 10.76 | 27,94 | +1,6 | 5.11 | +1,4 | 23.57 | 2.36,00 |
| 4163 | Anete Siman | 02.03.99 SK Altius | 8 | ta | Rakvere | 06.08.16 | | | |
| 14,78 | +1,9 | 1.41 | 10.68 | 26,29 | +1,8 | 5.12 | +1,6 | 29.30 | 2.59,74 |
| 3920 | Anet Maripuu | 27.05.00 Rapla JK | 1 | ta | Kohila | 14.09.16 | | | |
| 17,35 | | 1.50 | 11.29 | 28,07 | | 5.02 | | 34.46 | 2.58,8 |
| 3827 | Kristin Lass | 07.01.00 Tartu Ü. ASK | 9 | ta | Rakvere | 06.08.16 | | | |
| 16,42 | +1,0 | 1.44 | 11.60 | 27,85 | +1,6 | 4.81 | +1,0 | 25.29 | 2.52,87 |
| (10) | | | | | | | | | |
| 3303 | Maria Pernits | 14.11.99 Audentese SK | 11 | ta | Rakvere | 06.08.16 | | | |
| 16,66 | +1,0 | 1.50 | 8.24 | 29,60 | +1,6 | 4.63 | +0,4 | 20.70 | 3.00,72 |